



Scheduled Fitness Class & HIIT TO FIT™ Circuit Fees:

- All classes and HIIT TO FIT Circuit pass cards are registered/purchased on a month-to-month basis and all scheduled classes are paid in advance.
- Once registration is received, confirmation and Investment in Yourself invoice is emailed to you.
- **For missed classes**, a request for make-up class can be requested, subject to availability and **is not guaranteed**.
- **Missed classes are not credited nor carried forward to the next month**
- **Methods of payment: cash or cheque payable to Taylor's Bodies**

HIIT TO FIT™ drop-in Circuit

Unlimited Monthly Pass = \$69.00 for 1 calendar month

10-session Punch Card = \$80.00 – expires after 3 months

Add-Ons to HIIT TO FIT™ Circuit Monthly Unlimited Pass (\$69)

+ monthly body assessment = \$79 (add \$10)

+ body assessment +1 time through circuit with Trainer (10-15 minutes/month) = \$89 (add \$20)

+ body assessment + 1 time through circuit with Trainer (10-15 minutes/month) + 7-day Food Journal review by Nutritionist = \$99 (add \$30)

60-minute classes: Bootcamp, Hatha Yoga, Pilates, Zumba, Stretch

1 class per week = \$ 11.00 per class

2 classes per week = \$ 10.00 per class

3+ classes per week = \$ 9.25 per class

Specialty classes: Candlelight Yoga (1.25 hours)

1 class per month = \$12.00 per class

2 classes per month = \$11.00 per class

Maximum class size:

10 per class – Bootcamp, Candlelight Yoga

12 per class – Hatha Yoga, Pilates, Zumba, Stretch

Please note, prices do not include HST and are subject to change without notice.
